eISSN 2951-3146



Vol. 30, No. 3, June 2025

Contents

Review

175 Current status of nutrition education media and its utilization in providing customized nutrition information for older adults in Korea: a scoping review based on the transtheoretical model and food literacy

Seojin Yun, Jiwon An, Kirang Kim

Research Articles

- 183 The impact of flash continuous glucose monitoring and nutrition coaching on dietary self-efficacy and weight management in university students in Korea: a pre-post intervention study Soojin Park
- 197 The dietary factors associated with sleep duration in postmenopausal middle-aged women: a crosssectional study using 2019–2023 Korea National Health and Nutrition Examination Survey data Eugene Shim
- 214 Shifting social perceptions of dietitians in Korea after the legislation of nutrition teachers: a keyword network analysis of unstructured data Yunkyoung Oh, Eunsil Her
- 224 Behavioral intention toward planetary health diet among adult users of government worksite cafeterias in Seoul, South Korea: a mixed-methods study based on the theory of planned behavior and focus groups interviews

Ji-Won Kang, Su-Jin Lee, Sil-Ah Kim, Ji-Yun Hwang

237 Adult consumers' perception of plant-based meat substitutes and related factors in Korea: a crosssectional study

Yun-A Lee, Mi-Kyeong Choi

eISSN 2951-3146



https://kjcn.or.kr

Vol. 30, No. 3, June 2025

목차

종설

 175
 노인 대상의 영양교육 매체 현황 및 맞춤형 영양정보 제공을 위한 활용방안: 범이론적 모델과 먹거리 이해력 기반의

 주제범위 문헌고찰을 중심으로
 윤서진, 안지원, 김기랑

연구논문

- 183 The impact of flash continuous glucose monitoring and nutrition coaching on dietary self-efficacy and weight management in university students in Korea: a pre-post intervention study Soojin Park
- 197 The dietary factors associated with sleep duration in postmenopausal middle-aged women: a crosssectional study using 2019–2023 Korea National Health and Nutrition Examination Survey data Eugene Shim
- 214 Shifting social perceptions of dietitians in Korea after the legislation of nutrition teachers: a keyword network analysis of unstructured data Yunkyoung Oh, Eunsil Her
- 224서울시 공공기관 집단급식소 이용자의 지구건강식사 실천의도: 계획된 행동이론과 질적 연구를 기반으로
강지원, 이수진, 김실아, 황지윤
- 237
 식물성 육류 대체식품에 대한 성인 소비자의 인식 및 관련 요인

 이윤아, 최미경